



Shuter & Shooter
PUBLISHERS (PTY) LTD



PLANNING & TRACKING

Also available for download from www.shuters.com

Shuters

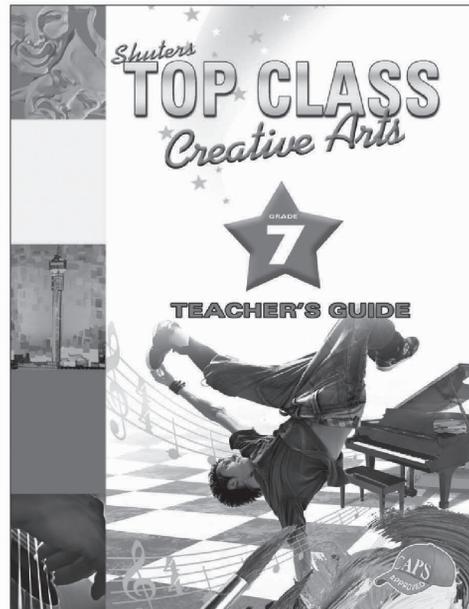
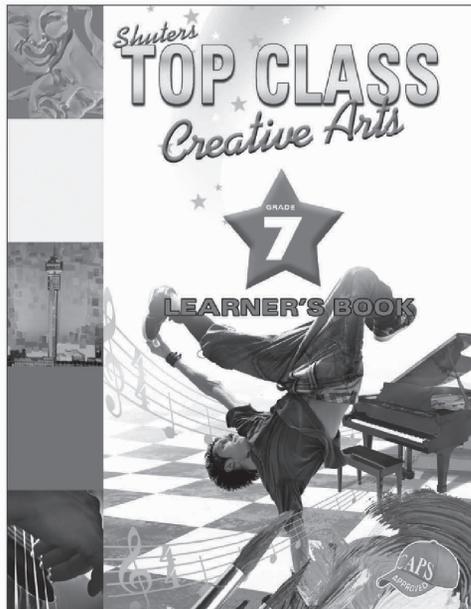
TOP CLASS

Creative Arts



Grade

7



PHOTOCOPIABLE

OS1001304

CUSTOMER SERVICES

THIS SERIES IS ALSO AVAILABLE AS E-BOOKS

www.shuters.com

Tel: +27 (0)33 846 8721 / 22 / 23 • Fax: +27 (0)33 846 8701

sylvie@shuter.co.za • robert@shuter.co.za • tiny@shuter.co.za • thandeka@shuters.co.za





TERM 1 – DANCE						
WEEK	UNIT	ACTIVITY	TOPIC	PAGE REF	RECORDING	REFLECTION
	1		DANCE PERFORMANCE			
		1.1	Trust me	TG - P4 LB - P2		
		1.2	Building an obstacle course	TG - P5 LB - P4		
		1.3	Trust trial	TG - P5 LB - P4		
		1.4	Trust while supporting weight	TG - P6 LB - P5		
		1.5	Correct posture and alignment	TG - P6 LB - P6		
		1.6	Warm up creatively	TG - P7 LB - P8		
		1.7	Strength and flexibility: feet and legs	TG - P8 LB - P10		
		1.8	Strength and flexibility: spinal warm-up	TG - P9 LB - P11		
		1.9	Strength and flexibility: joint mobility: knee bends and rises	TG - P9 LB - P12		
		1.10	Transference of weight from side to side	TG - P10 LB - P13		
		1.11	Small jumps	TG - P11 LB - P14		
		1.12	Locomotors	TG - P12 LB - P15		
		1.13	Cooling down with safe slow stretching	TG - P13 LB - P16		
	2		DANCE IMPROVISATION AND COMPOSITION			
		2.1	Exploration of shape in space	TG - P16 LB - P20		
		2.2	Shape movement sequence	TG - P17 LB - P21		
		2.3	Adding pathways	TG - P18 LB - P22		
	3		DANCE THEORY AND LITERACY			
		3.1	Discussion	TG - P20 LB - P24		
		3.2	Dance Terminology Reference Sheet	TG - P20 LB - P24		

TERM 2 – DANCE						
WEEK	UNIT	ACTIVITY	TOPIC	PAGE REF	RECORDING	REFLECTION
	4		DANCE PERFORMANCE			
		4.1	Spinal warm-up continued	TG - P24 LB - P27		
		4.2	Strength and flexibility: feet and legs	TG - P24 LB - P29		
		4.3	Strength and flexibility: hip swings	TG - P25 LB - P30		
		4.4	Strength and flexibility: knee bends and rises with small jump	TG - P25 LB - P32		
		4.5	Strength and flexibility: abdominal and spinal strengthening	TG - P26 LB - P32		
		4.6	Arm swings	TG - P26 LB - P33		
		4.7	Body-part isolations	TG - P27 LB - P34		
		4.8	Transference of weight forward and backward	TG - P28 LB - P35		
		4.9	Jumps	TG - P28 LB - P37		
		4.10	Turns	TG - P29 LB - P37		
		4.11	Locomotor movement sequence	TG - P29 LB - P39		
		4.12	Cooling down with relaxation and slow stretching while sitting	TG - P31 LB - P40		
	5		DANCE IMPROVISATION AND COMPOSITION			
		5.1	Exploring dynamics in your locomotor movement sequence	TG - P32 LB - P42		
		5.2	Exploring relationships in your locomotor movement sequence	TG - P32 LB - P43		
	6		DANCE THEORY AND LITERACY			
		6.1	Written test	TG - P35 LB - P48		

TERM 3 – DANCE						
WEEK	UNIT	ACTIVITY	TOPIC	PAGE REF	RECORDING	REFLECTION
	7		DANCE PERFORMANCE			
		7.1	Arm reaches, swings and lunges	TG - P39 LB - P50		
		7.2	Combining spinal roll, arm stretches, swings and lunges	TG - P40 LB - P52		
		7.3	Strength and flexibility: floor work	TG - P40 LB - P53		
		7.4	Body-part isolations	TG - P41 LB - P54		
		7.5	Brushes	TG - P41 LB - P55		
		7.6	Adding kicks for leg extension	TG - P42 LB - P57		
		7.7	Jumps, landing on one leg	TG - P43 LB - P58		
		7.8	Locomotor turns	TG - P43 LB - P58		
		7.9	Locomotors	TG - P44 LB - P59		
		7.10	South African dance steps	TG - P44 LB - P61		
		7.11	South African dance sequence	TG - P46 LB - P63		
		7.12	Cooling down with leg stretches, lying down	TG - P47 LB - P64		
	8		DANCE IMPROVISATION AND COMPOSITION			
		8.1	Exploring ideas, moods and thoughts using different stimuli	TG - P48 LB - P65		
		8.2	Eye contact and eye focus	TG - P49 LB - P67		
	9		DANCE THEORY AND LITERACY			
		9.1	How movement conveys meaning	TG - P51 LB - P69		
		9.2	Identifying different dance forms	TG - P51 LB - P70		
		9.3	Dance terminology reference sheet update	TG - P55 LB - P73		

TERM 4 – DANCE						
WEEK	UNIT	ACTIVITY	TOPIC	PAGE REF	RECORDING	REFLECTION
	10		DANCE PERFORMANCE			
		10.1	Rolling on the floor	TG - P58 LB - P75		
		10.2	Performing a group dance study	TG - P58 LB - P76		
	11		DANCE IMPROVISATION AND COMPOSITION			
		11.1	Composition based on a South African picture, photograph or theme	TG - P60 LB - P79		
	12		DANCE THEORY AND LITERACY			
		12.1	Written examination (Exemplar)	TG - P62 LB - P87		

TERM 1 – DRAMA						
WEEK	UNIT	ACTIVITY	TOPIC	PAGE REF	RECORDING	REFLECTION
	1		DRAMATIC SKILLS DEVELOPMENT			
		1.1	Tense and release	TG - P68 LB - P92		
		1.2	Breathe it out	TG - P69 LB - P92		
		1.3	Feel the vibrations	TG - P70 LB - P94		
		1.4	Sounding it out	TG - P71 LB - P96		
		1.5	Shake it out	TG - P72 LB - P98		
		1.6	Mirror, mirror on the wall	TG - P73 LB - P99		
		1.7	Group mirrors	TG - P73 LB - P99		
		1.8	Born to be wild!	TG - P73 LB - P100		
		1.9	Follow my leader	TG - P74 LB - P102		
	2		DRAMA ELEMENTS IN PLAYMAKING			
		2.1	Creating a play	TG - P76 LB - P104		
		2.2	Creating a picture	TG - P79 LB - P107		
		2.3	Shaping the plays	TG - P80 LB - P108		
		2.4	Decide on the space	TG - P81 LB - P110		
		2.5	Rehearse and Rehearse!	TG - P81 LB - P111		
		2.6	Performance	TG - P82 LB - P111		
		2.7	Reflection activity	TG - P83 LB - P112		
		2.8	Class discussion	TG - P83 LB - P112		
		2.9	Critical reflection	TG - P83 LB - P113		
	3		CAREERS			
		3.1	Performance careers	TG - P84 LB - P114		

TERM 2 – DRAMA						
WEEK	UNIT	ACTIVITY	TOPIC	PAGE REF	RECORDING	REFLECTION
	4		DRAMATIC SKILLS DEVELOPMENT			
		4.1	Roll it down	TG - P87 LB - P116		
		4.2	Paper puff	TG - P87 LB - P117		
		4.3	Back-to-back vibrations	TG - P88 LB - P118		
		4.4	Release your face!	TG - P88 LB - P119		
		4.5	Slave! Chief! Warrior!	TG - P89 LB - P122		
		4.6	Class mirror	TG - P90 LB - P124		
		4.7	The four elements	TG - P92 LB - P124		
		4.8	Who started it?	TG - P93 LB - P126		
	5		INTERPRETATION AND PERFORMANCE: FOLK TALE OR CHORAL VERSE			
		5.1	Who will be who?	TG - P94 LB - P130		
		5.2	Finding the narration	TG - P94 LB - P131		
		5.3	Using your voices	TG - P96 LB - P133		
		5.4	Now for the body	TG - P96 LB - P133		
		5.5	Now move	TG - P96 LB - P134		
		5.6	Use your face	TG - P97 LB - P135		
		5.7	Use your eyes	TG - P97 LB - P135		
		5.8	Piece the character together	TG - P97 LB - P136		
		5.9	Add the sounds	TG - P98 LB - P137		
		5.10	Create the scene	TG - P98 LB - P137		
		5.11	Rehearse, rehearse	TG - P98 LB - P138		
		5.12	Perform your folk tale	TG - P99 LB - P139		
		5.13	Self-reflection	TG - P99 LB - P139		

TERM 2 – DRAMA						
WEEK	UNIT	ACTIVITY	TOPIC	PAGE REF	RECORDING	REFLECTION
		5.14	Find a poem	TG - P100 LB - P140		
		5.15	Divide the lines	TG - P100 LB - P143		
		5.16	Using your voices	TG - P101 LB - P144		
		5.17	Using your bodies	TG - P101 LB - P145		
		5.18	Listening and responding	TG - P102 LB - P146		
		5.19	Rehearse, rehearse	TG - P103 LB - P147		
		5.20	Perform!	TG - P103 LB - P147		
		5.21	Self-reflection	TG - P104 LB - P148		
	6		CAREERS			
		6.1	Creative drama careers	TG - P104 LB - P148		

TERM 3 – DRAMA						
WEEK	UNIT	ACTIVITY	TOPIC	PAGE REF	RECORDING	REFLECTION
	7		DRAMATIC SKILLS DEVELOPMENT			
		7.1	Under the sea	TG - P108 LB - P151		
		7.2	'Ha, ha, ha, ha!'	TG - P108 LB - P152		
		7.3	'Hummmmmmmm ...'	TG - P109 LB - P154		
		7.4	Work your mouth	TG - P110 LB - P155		
		7.5	Zap! Zoom! Screech!	TG - P110 LB - P157		
		7.6	Can you trust me?	TG - P111 LB - P159		
		7.7	Follow the action	TG - P112 LB - P160		
		7.8	Add to the story	TG - P112 LB - P160		
		7.9	Leading body parts	TG - P113 LB - P162		
		7.10	Funny walks	TG - P114 LB - P162		
	8		DRAMA ELEMENTS IN PLAYMAKING: CHARACTER DEVELOPMENT			
		8.1	Wear a hat!	TG - P114 LB - P163		
		8.2	How do you move?	TG - P115 LB - P164		
		8.3	How do you talk?	TG - P115 LB - P165		
		8.4	Introduce yourself	TG - P116 LB - P165		
		8.5	At the shops	TG - P116 LB - P165		
		8.6	The long wait	TG - P117 LB - P166		
		8.7	At the beach	TG - P117 LB - P167		
		8.8	Perform the character	TG - P118 LB - P168		
		8.9	What are the elements?	TG - P119 LB - P169		
		8.10	Can you see the elements?	TG - P120 LB - P170		

TERM 3 – DRAMA						
WEEK	UNIT	ACTIVITY	TOPIC	PAGE REF	RECORDING	REFLECTION
		8.11	Creating the event	TG - P121 LB - P171		
	9		CAREERS			
		9.1	Supporting drama as a profession	TG - P121 LB - P172		

TERM 4 – DRAMA						
WEEK	UNIT	ACTIVITY	TOPIC	PAGE REF	RECORDING	REFLECTION
	10		DRAMATIC SKILLS DEVELOPMENT			
		10.1	Warm it up	TG - P123 LB - P175		
	11		INTERPRETATION AND PERFORMANCE: FOLK TALE OR CHORAL VERSE			
		11.1	Folk tale or choral verse information	TG - P124 LB - P177		
		11.2	Peer performance and reflection	TG - P126 LB - P179		
		11.3	Rehearsing for performance	TG - P126 LB - P180		
		11.4	Perform	TG - P126 LB - P180		
	12		CAREERS			
		12.1	Related fields of drama study	TG - P127 LB - P180		

TERM 1 – MUSIC						
WEEK	UNIT	ACTIVITY	TOPIC	PAGE REF	RECORDING	REFLECTION
	1		MUSIC LITERACY			
		1.1	Class discussion	TG - P134 LB - P185		
		1.2	Demonstrate your skills	TG - P134 LB - P185		
		1.3	Hum and feel the vibrations	TG - P135 LB - P186		
		1.4	Musical note spelling using the letters of the musical alphabet	TG - P137 LB - P189		
		1.5	Draw the keys of a piano and fill in the natural note names	TG - P138 LB - P190		
		1.6	Copy the treble clef	TG - P139 LB - P191		
		1.7	Complete the bars to four beats	TG - P140 LB - P194		
		1.8	Clapping, playing or drumming the rhythms	TG - P140 LB - P194		
		1.9	Notating	TG - P141 LB - P195		
		1.10	Follow the score while listening to music	TG - P142 LB - P198		
		1.11	Sing or play the songs using tonic sol-fa	TG - P143 LB - P199		
	2		MUSIC LISTENING			
		2.1	Music listening	TG - P144 LB - 200		
	3		PERFORMING AND CREATING MUSIC			
		3.1	Playing and singing the notes	TG - P146 LB - 202		
		3.2	Performing music - The National Anthem of South Africa	TG - P147 LB - 203		
		3.3	Make your own percussion instrument	TG - P148 LB - 204		
		3.4	Performing a selection of music	TG - P149 LB - 204		
		3.5	Make up your own graphic score and perform your composition	TG - P149 LB - 206		
		3.6	Clapping and/or drumming	TG - P150 LB - 207		
		3.7	Clapping and/or drumming – question and answer	TG - P151 LB - 208		

TERM 2 – MUSIC						
WEEK	UNIT	ACTIVITY	TOPIC	PAGE REF	RECORDING	REFLECTION
	4		MUSIC LITERACY			
		4.1	Recognising the pitch in the treble clef	TG - P153 LB - P214		
		4.2	Pitch and dotted notes	TG - P154 LB - P215		
		4.3	Clapping and/or drumming	TG - P155 LB - P215		
		4.4	Sight-singing the songs using tonic sol-fa	TG - P155 LB - P216		
	5		MUSIC LISTENING			
		5.1	Listening to live or recorded music	TG - P156 LB - P218		
		5.2	Follow the score	TG - P157 LB - P221		
		5.3	Listening to the music elements	TG - P157 LB - P221		
	6		PERFORMING AND CREATING MUSIC			
		6.1	Sing the round	TG - P159 LB - P223		
		6.2	Performing a selection of music	TG - P160 LB - P226		
		6.3	Compose a song using a graphic score	TG - P160 LB - P227		
		6.4	African drumming	TG - P161 LB - P228		
		6.5	Compose a short melodic phrase	TG - P161 LB - P228		
		6.6	Create your own music	TG - P162 LB - P228		

TERM 3 – MUSIC						
WEEK	UNIT	ACTIVITY	TOPIC	PAGE REF	RECORDING	REFLECTION
	7		MUSIC LITERACY			
		7.1	Copy the bass clef	TG - P165 LB - P233		
		7.2	Name the notes in the bass clef	TG - P166 LB - P235		
		7.3	Notate in the bass clef	TG - P166 LB - P236		
		7.4	Notate the following	TG - P167 LB - P236		
		7.5	Sight-singing melodic phrases using tonic sol-fa	TG - P167 LB - P237		
		7.6	Playing or clapping polyrhythms	TG - P168 LB - P238		
	8		MUSIC LISTENING			
		8.1	Listening to live or recorded music	TG - P169 LB - P239		
		8.2	Creating your own sound picture	TG - P170 LB - P239		
	9		PERFORMING AND CREATING MUSIC			
		9.1	Performing a selection of music	TG - P171 LB - P240		
		9.2	Compose a song using a graphic score	TG - P171 LB - P241		
		9.3	African drumming	TG - P172 LB - P242		
		9.4	Create your own music	TG - P172 LB - P242		
		9.5	Performing a sound picture	TG - P173 LB - P243		

TERM 4 – MUSIC						
WEEK	UNIT	ACTIVITY	TOPIC	PAGE REF	RECORDING	REFLECTION
	10		MUSIC LITERACY			
		10.1	Notating in treble and bass clef with various note durations	TG - P176 LB - P247		
		10.2	Duration and addition	TG - P177 LB - P248		
		10.3	Clapping and/or drumming the rhythms	TG - P177 LB - P249		
		10.4	Sight-singing melodic phrases using tonic sol-fa	TG - P178 LB - P250		
		10.5	Clapping or drumming polyrhythms	TG - P178 LB - P251		
		10.6	Notating	TG - P179 LB - P252		
	11		MUSIC LISTENING			
		11.1	Analyse an instrument of your choice	TG - P180 LB - P253		
		11.2	Listening to live or recorded music	TG - P181 LB - P254		
		11.3	Create a graphic score	TG - P182 LB - P254		
	12		PERFORMING AND CREATING MUSIC			
		12.1	Extending your vocal range	TG - P183 LB - P255		
		12.2	Performing a selection of music	TG - P183 LB - P256		
		12.3	Compose a song using a graphic score	TG - P184 LB - P256		
		12.4	African drumming	TG - P184 LB - P257		
		12.5	Playing from graphic scores	TG - P185 LB - P257		
		12.6	Composing	TG - P185 LB - P258		
		12.7	Create your own music	TG - P186 LB - P258		

TERM 1 – VISUAL ARTS						
WEEK	UNIT	ACTIVITY	TOPIC	PAGE REF	RECORDING	REFLECTION
	1		CREATE IN 2D: SMALL OBJECT DRAWING			
		1.1	Walk the pencil	TG - P191 LB - P265		
		1.2	Lining up	TG - P192 LB - P266		
		1.3	Toning up	TG - P193 LB - P267		
		1.4	Developing a light touch	TG - P193 LB - P267		
		1.5	A slice of life	TG - P194 LB - P268		
		1.6	Arranging, talking and listening	TG - P195 LB - P269		
		1.7	Drawing it all together	TG - P195 LB - P270		
	2		VISUAL LITERACY: STUDYING AFRICAN MASKS AND LOCAL CRAFTS			
		2.1	Finding local craft	TG - P196 LB - P271		
		2.2	African masks and local craft	TG - P197 LB - P272		
		2.3	Discussing local craft	TG - P197 LB - P272		
		2.4	Picture perfect	TG - P198 LB - P274		
	3		CREATE IN 3D: MASK MAKING			
		3.1	Shaping your heritage	TG - P200 LB - P277		
		3.2	Constructing a face	TG - P201 LB - P278		
	4		VISUAL LITERACY: COMPARING SCULPTURES OF MUSICIANS			
		4.1	Sculptors past and present	TG - P202 LB - P281		
	5		CREATE IN 3D: MODEL YOUR OWN MUSICIAN IN CLAY			
		5.1	Modelling	TG - P202 LB - P282		
		5.2	Banding together	TG - P203 LB - P283		

TERM 2 – VISUAL ARTS						
WEEK	UNIT	ACTIVITY	TOPIC	PAGE REF	RECORDING	REFLECTION
	6		CREATE IN 2D: SCRAPERBOARD STILL LIFE OF MUSICAL INSTRUMENTS			
		6.1	Understanding musical instruments through drawing	TG - P206 LB - P288		
		6.2	Digging in	TG - P207 LB - P288		
		6.3	Cutting it fine	TG - P208 LB - P289		
	7		VISUAL LITERACY: MEANING AND SYMBOLISM IN PAINTINGS OF STILL LIFE			
		7.1	Meaning and symbolism in art	TG - P209 LB - P292		
	8		CREATE IN 2D: PAINT A STILL LIFE OF FLOWERS			
		8.1	Colour-coded	TG - P211 LB - P294		
		8.2	Flower power	TG - P212 LB - P295		
		8.3	Colourful cacophony	TG - P213 LB - P296		
	9		VISUAL LITERACY: RESEARCHING CRAFTS AND CRAFTERS IN SOUTH AFRICA			
		9.1	Looking at crafts	TG - P215 LB - P298		
		9.2	Follow the artist	TG - P216 LB - P298		
		9.3	Writing it up	TG - P217 LB - P299		
		9.4	Show and tell	TG - P217 LB - P300		

TERM 3 – VISUAL ARTS						
WEEK	UNIT	ACTIVITY	TOPIC	PAGE REF	RECORDING	REFLECTION
	10		CREATE IN 3D: A HOLDER FOR A CELL PHONE			
		10.1	Under cover	TG - P222 LB - P306		
	11		VISUAL LITERACY: FINDING OUT ABOUT BUILDINGS			
		11.1	Buildings as heritage	TG - P224 LB - P310		
		11.2	Homework	TG - P225 LB - P310		
		11.3	Buildings	TG - P226 LB - P311		
	12		CREATE IN 2D: MONOCHROMATIC COLOUR IN COLLAGE			
		12.1	Building blocks	TG - P227 LB - P313		
		12.2	Paper-cut collage	TG - P228 LB - P314		
	13		CREATE IN 2D: OBSERVATIONAL DRAWING: SMALL OBJECTS IN WET MEDIUM			
		13.1	Looking at life	TG - P230 LB - P315		

TERM 4 – VISUAL ARTS						
WEEK	UNIT	ACTIVITY	TOPIC	PAGE REF	RECORDING	REFLECTION
	14		FORMAL ASSESSMENT PROJECT (3 STAGES)			
		14.1	Drawing in charcoal (stage 1)	TG - P234 LB - P320		
		14.2	Drawing in charcoal (stage 2)	TG - P235 LB - P321		
		14.3	Drawing in charcoal (stage 3)	TG - P236 LB - P322		
		14.4	Writing it up	TG - P237 LB - P323		
	15		CREATE IN 3D: CRAFT SKILLS			
		15.1	Animal magic	TG - P239 LB - P327		
		15.2	Tower power	TG - P239 LB - P328		
		15.3	Measuring up	TG - P240 LB - P328		



Most of our titles are also available as e-Books!

For more information, contact:

- Customer Services: 033 8468721/22/23
- Visit our website www.shuters.com

Or scan the QR Business Card shown here:



Compatible with:



more than just paper behind glass

PLANNING & TRACKING

Also available for download from www.shuters.com



Shuter & Shooter

